

بِسْمِ اللّٰهِ الرَّحْمٰنِ الرَّحِیْمِ

The Amīr/National President  
Jamā‘at Aḥmadiyya,

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Dear Brother,

السلام علیکم ورحمة اللہ وبرکاتہ

**Extracts from the Friday Sermon by Ḥaḍrat *Khalīfa-tul-Masīh V* ایده اللہ تعالیٰ  
delivered on February 16, 2018 at Baitul Futūh Mosque, London.**

**The blessings of reciting Ayat-ul-Kursi and the last three chapters of the  
Holy Qur’ān.**

**Our beloved Imām Ḥaḍrat *Khalīfa-tul-Masīh V* ایده اللہ تعالیٰ says:**

The Holy Prophet’s صلی اللہ علیہ وسلم own example in this regard is related as follows: Before going to sleep, the Holy Prophet صلی اللہ علیہ وسلم would recite Ayat-ul-Kursi and the last three chapters of the Holy Qur’ān (commonly known as the three *Quls*), Sūrah Al-Ikhlās, Sūrah Al-Falaq and Sūrah An-Naas, and blow his breath on his hands and rub his hands over his body, starting with his head and moving down as far as the hands could reach. Every Muslim should adopt the practice of the Holy Prophet’s صلی اللہ علیہ وسلم Sunnah.

**Aḥmadīs should pray to be saved from tribulations**

We Aḥmadīs, whom the Promised Messiah علیہ السلام has especially guided towards following the Holy Prophet صلی اللہ علیہ وسلم, should be particular doing this. Considering the circumstances we are going through, prayers, Ṣalāt and remembrance of Allah is necessary not only for our personal religious and worldly needs, but it should also be considered an obligation to safeguard the Jamā‘at against the evil of mischief-mongers and those envious of the Jamā‘at .

**The benefit of reciting the three *Quls* at night**

Ḥaḍrat Ayesha (May Allāh be pleased with her) relates: Each night when the Holy Prophet صلی اللہ علیہ وسلم would lay down on his bed, he would bring together his two palms and blow his breath on them and recite قل هو اللہ احد and قل اعوذ برب الفلق and قل اعوذ برب الناس and rub his hands over his body. He would start from his face and going down as far as his hands could reach and repeated this three times. He did this with such regularity that during the Holy Prophet’s صلی اللہ علیہ وسلم last illness, Ḥaḍrat Ayesha (May Allāh be pleased with her) would recite these prayers and blow into the hands of the Holy Prophet صلی اللہ علیہ وسلم and rub his hands over his body.

**The importance of Sūrah Al-Ikhlās**

Ḥaḍrat Abu Hurairah رضی اللہ عنہ relates: The Holy Prophet صلی اللہ علیہ وسلم once said: Come together and I shall recite unto you one-third of the Holy Qur’ān. Everyone was called to the mosque and when they were assembled the Holy Prophet صلی اللہ علیہ وسلم came out and recited قل هو اللہ احد and went back inside. He then returned and said: “I told you that I would recite unto you one-third of the Holy Qur’ān. Listen carefully, that Sūrah Al-Ikhlās is equal to one-third of the Holy Qur’ān.” Why did the Holy Prophet صلی اللہ علیہ وسلم declare it to be one-third of the Holy Qur’ān? Because the purpose of revealing the Holy Qur’ān was to prove and establish the oneness of God, and in this chapter *Tauhid* has been described in

comprehensive and clear terms. By reflecting over it and acting accordingly, a person can truly follow *Tauhid*. And when one believes the Holy Qur'ān to be the word of the One God and tries to follow it, he truly understands *Tauhid* and becomes established upon it. Thus will a person be able to follow the teaching of the Holy Qur'ān in a comprehensive manner. One should not think that having recited Sūrah Al-Ikhlās one has in fact recited one-third of the Holy Qur'ān, rather what it means is that, after reciting it, you should become firmly established on *Tauhid* and act accordingly.

### **The blessings of reciting Sūrah Al-Ikhlās**

Ḥaḍrat Abu Hurairah رضى الله عنه relates: I was with the Holy Prophet صلى الله عليه وسلم when he heard someone reciting قل هو الله احد hearing this, the Holy Prophet صلى الله عليه وسلم said: “It has become incumbent.” I asked, “What has become incumbent?” He said, “Paradise has become incumbent upon him who recites Sūrah Al-Ikhlās.”

Hadrat Suhail bin Sa'd رضى الله عنه relates: A person came to the Holy Prophet صلى الله عليه وسلم and complained about his destitution. The Holy Prophet صلى الله عليه وسلم said to him: When you enter your house and there is someone inside, say السلام عليكم, and if there is no one there, then say Salām to yourself, you will be rewarded for this. And then recite قل هو الله احد one time. The man did as he was told, and consequently Allāh blessed him with such abundance that even his neighbours benefited from it. That is to say, there was a time when he himself had nothing to eat, but now he had such abundance that he was able to help his neighbours as well.

### **The Promised Messiah عليه السلام explains the word As-Samad**

The Promised Messiah عليه السلام says that the word Samad means that everything other than Him is contingent and bound to perish. That is to say, things that are born and can be born and can come to an end are bound to perish, but the person of God is Samad. Some people think that the word Samad denotes independence. His independence lies in the fact that He neither dies nor perishes, nor is there anything like Him. Thus our God has always been and shall always be.

### **The importance and blessings of reciting the last three chapters**

Ḥaḍrat Uqba bin Amir رضى الله عنه relates: Once during a journey I was walking ahead of the Holy Prophet صلى الله عليه وسلم holding the reigns of his ride, when I heard the Holy Prophet صلى الله عليه وسلم says, “O Uqba, recite!” I turned my attention to him so that I could recite what the Holy Prophet صلى الله عليه وسلم was saying. Again the Holy Prophet صلى الله عليه وسلم said, “O Uqba, recite!” I again became attentive and ready to listen. Then again the Holy Prophet صلى الله عليه وسلم said, “O Uqba, recite!” Upon this I asked, “What should I recite?” The Holy Prophet صلى الله عليه وسلم said: Recite surah قل هو الله احد He then recited this surah to the end; and then he recited surah قل اعوذ برب الفلق to the end, and I read along with him. He then recited قل اعوذ برب الناس to the end and I recited it with him. Then he said: No one has ever sought God's refuge with words such as these. In other words, with such words and such prayers one comes under God's refuge and is never ruined and is saved from all evil. There is no better way to seek God's refuge.

### **Seek refuge from mischief in the dark of night**

The Promised Messiah عليه السلام says: You, who shall be the target of the enemies of the Promised Messiah عليه السلام, should pray in these words: I seek refuge with Allāh from the evil of the creation and from internal and external enemies; and with the Lord of dawn, who has the power to disseminate light. This is the

spiritual light that emerged with the advent of the Promised Messiah عليه السلام. I also seek refuge with God from the evil of the night, which is the night of the rejection of the Promised Messiah عليه السلام. This includes the enemies of Islām who object to its teachings, and on the other hand there are the Muslim ulema who continue to insist on their error and busy themselves inciting people against the Promised Messiah عليه السلام. May Allāh grant us understanding of the contents of these verses so that we can act upon them.

Huzoor ايدو اللہ تعالیٰ said: May Allāh enable every one of us to understand this subject and to follow the Sunnah of the Holy Prophet صلى الله عليه وسلم, so that we can understand true meaning of Divinity and never bow down to anyone other than Him. We should consider Him to be the source of all powers, and not just with our minds, rather we should prove with our actions that He alone is the source of all power and light and the Bestower of all grace. May we never wander in darkness and misguidance. May we forever remain attached to the gift of Khilāfat given to us. May Allāh save us from the mischief of everyone who wishes us harm, be it religious mischief or worldly mischief. May Allāh protect us against the evil of the jealous one. May we always take God Almighty to be our Lord and our Sustainer and remain under His protection. May we take God Almighty to be greater than all kings and have firm faith in His dominion. May we worship Him as is His due and strive every moment to be under His refuge. May we be saved from the mischief of those who create confusion and mistrust. May we protect our hearts from all misgivings and seek Allah's refuge against this. May Allāh enable us to recite these verses regularly before going to sleep and blowing them on ourselves. *Amīn*.

Please convey these guidelines given by Huzoor ايدو اللہ تعالیٰ to members of your Jamā'at.

Jazākumullāh.

Wassalām,

(Ch. Hameedullah)

Wakīl A'ālā,

Tahrīk Jadīd Anjuman Aḥmadiyya Pakistan.

Dated: 20 February 2018