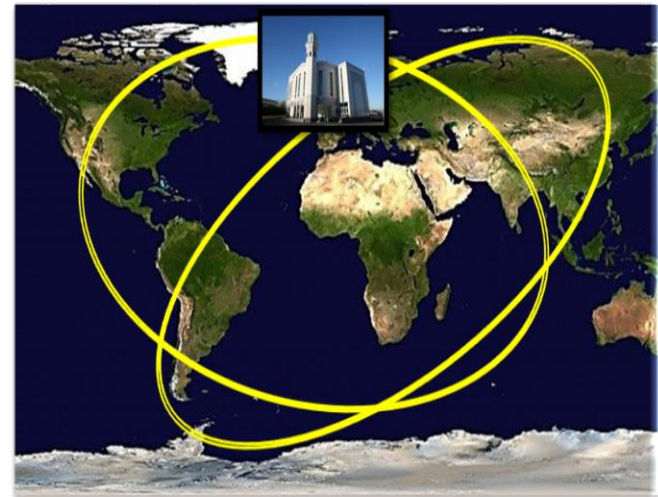


# The Essence of Mindful Prayers



**Sermon Delivered by Hadhrat  
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Muslim Community**



**relayed live all across the  
globe**

December 29<sup>th</sup> 2017

# Summary

## The Essence of Mindful Prayers



Commencement of Jalsa Salana Qadian



Philosophy and conditions of acceptance of Prayer



Types of Prayers



Attributes of Believers



Prayers of Promised Messiah (AS)

December 29<sup>th</sup> 2017

# The Essence of Mindful Prayers

Today, by the Grace of Allah the Exalted, *Jalsa Salana* [the Annual Convention] of Qadian has commenced.

Pray to Allah the Exalted that the three days of *Jalsa* there, may conclude safely and the sincere members of the Community may achieve the goal, which they have set for themselves by coming to attend this *Jalsa*.

## The goals of Jalsa

To make supplications to Allah the Exalted (for oneself, for the progress of the community and failure of the foes of the community)

To endeavour to improve the state of our knowledge and the state of our practical conduct

To strengthen our relationship with Allah the Exalted

To derive benefit from from the spiritual atmosphere.

# The Essence of Mindful Prayers

## Prayers

Hazrat Khalifatul Masih V (aba) stated that it is incumbent upon us to pray for the Muslim world

Some Muslims are committing atrocities in the name of Allah the Exalted and our Master, the Holy Prophet Muhammad (sa).

Due to such atrocities, allegations are being raised against Islam and the Holy Prophet (sa) in the non-Muslim world.

We should also remember to pray for the [fulfilment of the] purpose, for which the Promised Messiah (as) was sent

that purpose is

- to guide the Muslims,
- making the non-Muslims aware of the truth of Islam
- bringing them into the fold of Islam by proving its superiority to them.

# The Essence of Mindful Prayers

Today, the world is in dire need of the supplications of the followers of the Promised Messiah (as).

We should pray that Allah the Exalted may grant wisdom to the world.

He may grant wisdom to the Muslim *ummah* and these people may come to understand this reality that without believing in the one, sent by Allah the Exalted, they can neither survive, nor attain salvation

May the world enter the new year, while having understood this.

# The Essence of Mindful Prayers

Khalifatul Masih V (aba) presented some extracts of the Promised Messiah (as) regarding the philosophy, methods and etiquettes of supplication.

The Promised Messiah (as) states, 'Until the heart is pure, prayer is not accepted. If your heart is filled with grudges regarding a person even in relation to a certain worldly matter, your prayer cannot be accepted.'

'Distress is a condition for the acceptance of prayers.' One condition is to purify the hearts and the second condition is distress. '

'Do not believe that prayers are merely a meaningless verbal declaration. Rather, prayer is a form of death, following which a person acquires [a new] life,'

'God says, **'Who answers the distressed person when he calls upon Him, and removes the evil.'** *Al-Naml: 63*)'

# The Essence of Mindful Prayers

The Promised Messiah (as) states, 'Prayer has a magnetic affect in that it attracts the grace and blessings [of God].'

'The one, who submits before God the Exalted ... and looks upon His restrictions and commandments with great esteem.... who reforms himself as a result of being awestruck by His glory.' ---'Such a person will most certainly partake of the blessings of God.

'Our Jama'at must make the *Tahajjud* prayer (predawn voluntary prayer) obligatory upon themselves, even if only two *Rak'as*, as he will at least most certainly find an opportunity to supplicate.' ---'The prayers at that time have a unique impact, as they are offered with true pathos and passion.

# The Essence of Mindful Prayers

The Promised Messiah (as) says: 'There is another matter which is necessary for our Jama'at to adopt, which is that members should refrain from uttering verbal obscenities and useless things (keep your tongue cleansed from making absurd statements).

'Do not inflict emotional injury upon anyone and nor say anything inappropriate or wrongful.'

'The tongue is the doorstep of our being and purifying our tongues brings God the Almighty to come to our doorstep.'



# The Essence of Mindful Prayers

'The Promised Messiah (as) says: "You should act upon this as has been said in: "**Thee alone do we worship and Thee alone do we implore for help.**"

However, bear in mind that true purity rests in what has been stated in: "**He indeed truly prospers who purifies it.**" Every person should consider it their responsibility to reform themselves."

'Only they can hope for the Grace of Allah whom never discontinues praying, seeking forgiveness from Allah from their sins and repenting and refrains from transgression."

'Sin is a poison which destroys a person and instigates Divine chastisement. Sin removes the fear and love of Allah the Almighty within one'.

# The Essence of Mindful Prayers

## Types of prayers

'The Promised Messiah (as) says: "There are two types of prayer. The first is the ordinary prayer (the normal supplications one does)'

'The secondly is when a person elevates his or her prayer to the pinnacle. That is the real type of prayer (when a person develops a state of restlessness in prayer and it reaches a climax).'

'It is necessary for a person to continue to pray even when not faced by any hardships or difficulties. At times, trials and tribulations overtake a person in a way that they do not even have the chance to pray.' Thus, if a person prays from before, that prayer will benefit them later at such times'.

# The Essence of Mindful Prayers

## Attributes of Believers

'The Promised Messiah (as) states that it is clearly stated in the Holy Quran that [Arabic] **'Surely, success does come to the believers, Who are humble in their Prayers,'** (Al-Mu'minun 2-3) That is to say that those believers are successful who display humility in their prayers.

The Promised Messiah (as) writes: [Persian] *That is to say you desire God and you desire this base world too, but this is a mere thought which is impossible to attain and foolishness. You cannot have both*

'Of course, if you desire God, then God has the capacity to grant you the blessings of this world; but if you only pursue the desires of this world, then you cannot find God.'

Acceptance of prayer is obtained only by making your desires and wishes in line with the pleasure of God Almighty

# The Essence of Mindful Prayers

## Attributes of Believers

'The Promised Messiah (as) states  
'Blessed are the prisoners who never tire of supplication, for they shall one day be freed. Blessed are the blind who are not listless in their prayers, for they shall one day see. Blessed are those lying in graves who supplicate to God for help and succour, for one day they shall be taken out of their graves.'

'Blessed are you who do not get tired in your prayers and your souls melt while you pray, and your eyes shed tears, and a fire is lit in your breasts and you are driven into dark chambers and desolated jungles seeking solitude, and you are rendered restless and mad and unconscious of self, for in the end you will become the recipients of grace.'

'----You should also become faithful and supplicate with full sincerity and loyalty so that He should have mercy on you. Withdraw from the tumult of the world and do not make your faith a matter of personal contentions..'

# The Essence of Mindful Prayers

## Warning for members of Jama'at

'The Promised Messiah (as) states 'If one leads the same unholy and filthy life as he did before the *Bai'at* and also one who counts himself in our Jama'at and yet displays a poor example, and shows weakness in his conduct and beliefs, then such a person is guilty of committing a great cruelty.'

'This is because he brings the name of the Jama'at into disrepute and also gives others the opportunity to point fingers towards me. People loathe a bad example while an excellent example encourages others.'

'Our weapon is prayer; therefore, we should draw our focus on prayers. ..All of the tasks which we seek to accomplish can only be achieved through prayer. Prayer contains many powers.'

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If our prayers reach a certain standard, the likes of which is required from us by God Almighty, our enemies will be destroyed.

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“O my Lord! Hearken unto my prayer about my people and to my anguish and fervency as I supplicate for my brothers. I implore from You through the Seal of the Prophets, the intercessor for the sinful, whose intercession will be accepted. O my Lord! Remove them from darkness and bring them to your light. Bring them from their distance into your presence.

O my Lord! Have mercy on those who curse me and make attempts to hinder me. Save these people from destruction and instil Your guidance in their hearts. Overlook their mistakes and vices and forgive them. Grant them security, guide them and purify them. Bestow them with eyes that enable them to see, bestow them with ears such that they can hear, bestow them hearts with which they can comprehend and such radiance that enables them to understand [the truth]. Have be mercy on them and pardon them for what they say, for they are a people who know not.

# The Essence of Mindful Prayers

“O my Lord! [I implore] For sake of Hazrat Muhammad Mustafa (sa) and his lofty status, in which he would spend the nights in prostration and the day in the battlefield, and also on account of those cavaliers who would ride swiftly in the night as well as all those journeys undertaken to the mother of all towns, and them a means of reconciliation between us and our fellow brethren. Open their eyes and illuminate their hearts. Enable them to understand the verities that you have explained to me. Show them the paths of righteousness and forgive all that which has passed. Our final prayer is that all praise is due to God Almighty, the Lord of the high heavens.”

Khalifatul Masih V (aba) prayed

May Allah the Almighty open the eyes of the Muslim Ummah so they refrain from opposing the appointed one of God, and instead become the helpers of the Promised Messiah (as). May Allah enable us to become those who fulfil the rights of prayers.